



#### Introduction about The Voluntary Health Services (VHS)

# Sensitization training program on issues related to Transgender / Hijra Population





# Understanding Transgender Person ...













### Introduction

Transgenders existed in every culture, race, and class since the story of human life recorded The term "Transgender Person" and the medical terminology available to transexual people are new



### Historical perspective



Indian mythology accepts TG a third gender. Shikhandi, ArthaNareeswara– there are many references to the third gender in our scriptures Indian Mythology Hart



# Today, Transgenders are prominent in many sectors ...



Padmini – News Reader



Lakshmi Narayan Tripati – Influential Person



Ponni – Classical Dancer



Manobi Bandopadhyay – Principal - West Bengal



Rose – Modeling



Surya- TV Artist



## How Transgender person Born ?

- By birth
- By fate
- Change in the biological factors





- Sex refers to biological status as male or female
- It is differentiated on the basis of the Reproductive Organs





#### Government ID's



#### Gender

Segregated in malls, transport



Appearance, Dress code





Rural or urban, rich or poor, nationally or globally gender is constantly present, both in our minds and our interactions



# How and by whom gender determined

Gender is assigned on the external genitalia that we born with

Assigned gender at birth, may or may not match the person's idea of their own gender as they grow up Infant born with "vagina" is assigned gender female at birth and with "penis" is assigned gender male at birth.

These would be persons who are "Transgender Person".



#### **Sexual Orientation**

- Everyone has a sexual orientation and gender identity.
- Everyone falls on a scale of somewhere between purely heterosexual and purely homosexual.





## **Defining Sexual Orientation**

- Sexual orientation: A person's permanent emotional, romantic, or sexual feelings toward certain other people.
- Sexual orientation also refers to a person's sense of identity based on those attractions, related behaviors, and membership in a community of others who share those attractions.



#### **Key Definitions**

- Large variety of words and definitions
- Important to respect language choices there are variations and preferences including regional and within the LGBT community
- LGBT Not just an acronym; for every letter, there are people for whom the word is an important identity



#### **Key Definitions**

- <u>LGBT</u>: Abbreviation for <u>Lesbian</u>, <u>Gay</u>, <u>Bisexual</u> <u>and Transgender</u>. Also seen as GLBT and is inclusive of all backgrounds
  - <u>Lesbian</u>: A term given to females who are attracted sexually and emotionally to some other females.
  - <u>Gay</u>: A term typically given to males who are attracted sexually and emotionally to some other males.
  - <u>Bisexual</u>: A term given to people who are attracted sexually and emotionally to some males and some females.
  - <u>Transgender</u>: A umbrella term describing the state of a person's gender identity which does not necessarily match the gender they were assigned at birth.



#### **Gender Expression and Gender Identity**

- Gender Expression
  - The way in which a person acts to communicate gender within a given culture; for example, in terms of clothing, communication patterns and interests.

#### • <u>Gender Identity:</u>

 Our innermost concept of self as "male" or "female" or what we perceive and call ourselves. According to mainstream research, most people develop a gender identity that matches their biological sex.



## **Gender Expression**

Transgender Person – A person, who does not identify with the gender assigned to them at birth

> Trans man – A person who is assigned gender female at birth, but identifies with the gender male. The person may or may not have undergone sex reassignment surgery/procedures

> > Trans woman: - A person who is assigned gender male at birth, but identifies with the gender female. The person may or may not have undergone sex reassignment surgery/procedures



#### Status of Transgenders in India

71% of TGs live in urban locations

47% living as a group under a head TG (Jamaath based)

Among TGs engaged in sex work (62%), 72% were Jamaath based

Other main occupations:

Begging (28%), blessing others (31%), dancing (18%)

 In Kerala, Manipur and West Bengal, more than 70% of TGs were living with families

#### Who is a Transgender Person

 Transgender person usually live or prefer to live in the gender role different to the one assigned to them at birth. Transgender people may or may not have undergone sex reassignment surgery or be on hormonal theraphy for gender transition"

> NACO operational Guidelines & Supreme Court Judgement

#### Sex Sexuality and Gender



- Sex is Biological
- It is differentiated on the basis of the Reproductive Organs
- It has two distinct functions
  - Reproduction
  - Pleasure

#### Sex



Male

#### Female

**"Sex"** refers to the biological and physiological characteristics that define male and female.

Describes the psychological and social meaning added to being a man or woman.









**"Gender"** refers to the socially constructed roles, behaviours, activities, and attributes that a given society considers appropriate for men and women.























## Who Am I?

- Professionally
- Religiously
- Ethnically
- Other ...
- Biologically
- Gender
- Sexual Orientation
- Sexual practice
- Expectation

#### **Gender Identity**





**"Gender Identity"** is the internal perception of an individual's gender, and how they label themselves.

#### **Gender Identity**

 Am I masculine or feminine – a man or a woman?

#### TRANSGENDER

Some people psychologically feel that they are not the same sex as they were given at birth. They are not comfortable with their anatomy. This means that their biological sex is male but their gender identity is female and vice-versa for females. It not always necessary that biological sex and gender identity always align together.



#### **Sexuality**





**"Sexuality"** is how people experience and express themselves as sexual beings through sexual feelings and behavior

## The Kinsey Scale



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0 – Exclusively heterosexual

1 – Predominantly heterosexual, only incidentally homosexual

2 – Predominantly heterosexual, but more than incidentally homosexual

- 3 Equally heterosexual and homosexual
- 4 Predominantly homosexual, but more than incidentally heterosexual
- 5 Predominantly homosexual, only incidentally heterosexual
- 6 Exclusively homosexual



Source: http://itspronouncedmetrosexual.com/2012/03/the-genderbread-person-v2-0/

#### **Sexual Orientation**

#### "Sexual Orientation"

is the romantic or sexual attractions toward the opposite sex, the same sex, both sexes, or having no attractions



heterosexual homosexual bisexual asexual

## **Key Definitions**

**Gay:** refers to a male who sexually or/and romantically desire another male.

**Bisexual:** refers to a person who sexually or/and romantically desire both male and female

**Transgender:** A person whose gender expression does not correspond with the socially expected gender roles and performance attributed to one's sex at birth.

#### Transgender Umbrella





# Issues in Transgenders day-to-day LIFE



# Where do I fit



BOTH

**NEITHER** 

Birth Sex: Male, Female, DSD

Gender Identity: Masculine, Feminine, Neither, Both, Something Else!

Gender Expression: Masculine, Feminine, Androgynous, Something Else!

Sexual Orientation: Straight, Gay, Bi,
Pansexual, Asexual, Something Else!

#### FEMALE

MALE











#### National Scenario



✤ Mapping and size estimation of TG – study by DAC-NIE-UNDP in 17 states





# Regardless of socio-economic status ALL Transgender people are UNDER-SERVED





#### **Social Discrimination and Marginalisation**

#### Family and school

- School drop-out
- Run-away from home
- Exploitation by family members

#### Wider society

- Employment
- Housing
- Health services
- Access to public spaces
- Violation of human rights

#### Government

- ID cards (ration card, voters ID, passport)
- Entitlements
- Document on Legal gender status
- No legal protection
- Police harassment, violence



#### Violence faced by TGs



Period 2007 to 2014 Source: (CBO MTR)







# Thank YOU

